



The Society of
Chiropodists and
Podiatrists

MChs 28752

Utopia Podiatry & Facial Aesthetics Clinic

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Registered with Health Care Professions Council

Podiatry treatment costs can be receipted for reimbursement from health insurance plans. Check with your individual insurers.

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Utopia Podiatry & Facial Aesthetics Clinic

Chiropody Treatment (40 mins) £28.00

Callus debridement. Nail cut and file or thickness reduction. Assessment of footwear. Vascular and neurological assessment if indicated.

Pre and post operative skin sterilisation. Instruments sterilised in accordance with current guidelines. Advice on care of skin and nails and appropriate footwear.

Full disclosure of medical history required in all cases, including details of all medication.

Podicure (1 hr 15 mins) £45.00

Full chiropody treatment followed by a luxurious foot treat with relaxing foot spa, exfoliation, foot massage with moisturising foot crème and polish application.

Cracked Heel Treatment £30.00

A targeted heel treatment. Fissures are debrided and a medical grade adhesive used to knit the skin together to allow healing.

Verruca Treatments £35.00

Range of treatments available including salicylic acid, trichloroacetic acid, cryotherapy, silver nitrate.

Specialist Verruca Treatments

Dry Needle Verruca Treatment £60.00

Under injected local anaesthesia including dressing and after care.

Hyfrecator Verruca Treatment £60.00

Under injected local anaesthesia including dressing and after care.

Biomechanical Assessment (1 hr) £35.00

Detailed examination of gait and foot function to identify potential causative factors of pain/discomfort in foot, knee, hip or lumbar spine leading to advice on appropriate footwear, prescription of an inshoe orthotic or referral to an appropriate source of help.

Orthotics prices range from **£30.00** to **£190.00**

Individual needs and costs will be fully discussed with each patient as required. Off the shelf and bespoke devices available.

Nail Surgery £95.00

Permanent treatment for problematic recurring painful nail conditions such as ingrowing toenails. Treatments are strictly subject to disclosure of full medical history.

Post operative surveillance and dressing regimen included.

Sports / Remedial Massage £30.00

Focal treatments for problematic areas of pain and tension.

This treatment is intended to be therapeutic and therefore is not a relaxing massage.

Injection therapies - Joints and soft tissue

Prolotherapy £50.00

This innovative injection treatment designed to stimulate tissue healing, particularly in damaged ligaments, was developed by Dr George Hackett in the 1950's. It uses basic local anaesthetic and glucose.

Synovial joint viscosupplementation £80.00

Uses hyaluronic acid, the substance safely used in millions of aesthetic dermal filler injections annually. It can address the pain and dysfunction of mild to moderate osteoarthritis.

Mesotherapy injections £50.00

The term 'mesotherapy' was coined by the French Physician Joseph Pistor in the 1950's to describe superficial injections of bioactive substances into the mid-dermis, and was recognised by the French Academy of Medicine in 1987. It utilises low-dose natural and homeopathic medicines for injection as well as local anaesthetics.

Chiropody treatment home visits £30.00